

PLEATED APRON TUTORIAL



Thanks for your interest in this tutorial. I did my best to make it as basic as I could so that those of you who are beginners would have no problem. Feel free to crank out as many aprons as you'd like for yourself or to give as gifts, but please refrain from making them to sell on Etsy or elsewhere. Thanks for your cooperation!! ~Darby

YOU WILL NEED:

5/8 yard of fabric for apron skirt

1/4 yard of fabric {without nap or grain} for contrasting waistband/ties and pleated insert
{If you choose a contrasting fabric that has a nap/grain you will need 3/4 yard}

All seam allowances are 1/2". Unless stated otherwise. ***Please be sure to mind your seam allowance, as the pleat will not work {lay flat} if your allowances are off.***

FOR THE APRON SKIRT:

CUT {or tear*}:

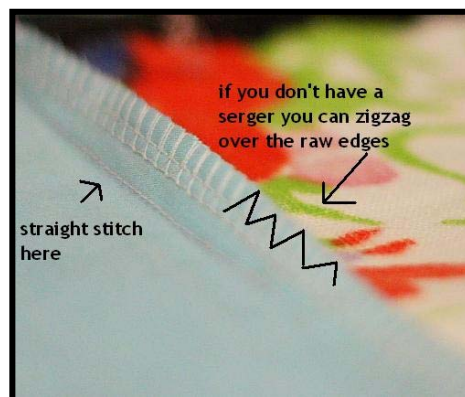
2 pieces for main skirt panel **13 ½" wide x 20 ½" long**

1 piece of contrasting fabric for pleat **4 ½" wide x 20 ½" long**

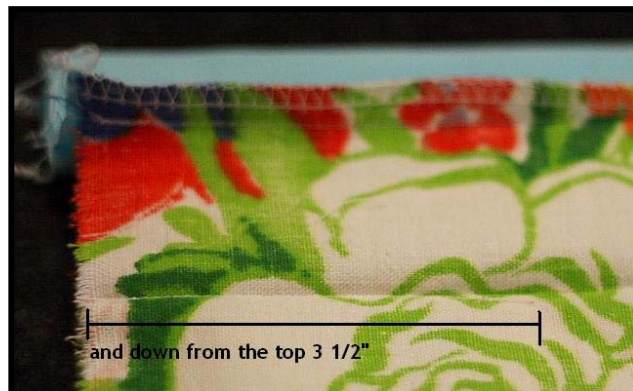
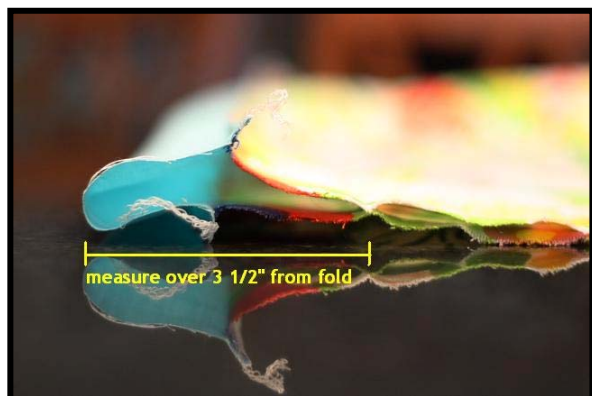
Skirt panel
measurements
before sewing

		20 ½
13 ½	4 ½	13 ½

1) With right sides together attach one skirt panel piece to the center with a straight stitch. Serge, overcast or zig zag over your raw edges. And repeat for the other panel seam.



2) Fold in half with right sides. Move in from the fold 3 ½" and mark the top of fabric at edge and measure down from that point 3 ½" and mark again. Pin and sew from top marking to bottom marking. To reinforce the pleat sew back and forth several times at the bottom of stitching row.



3) Open panel pleat and press.

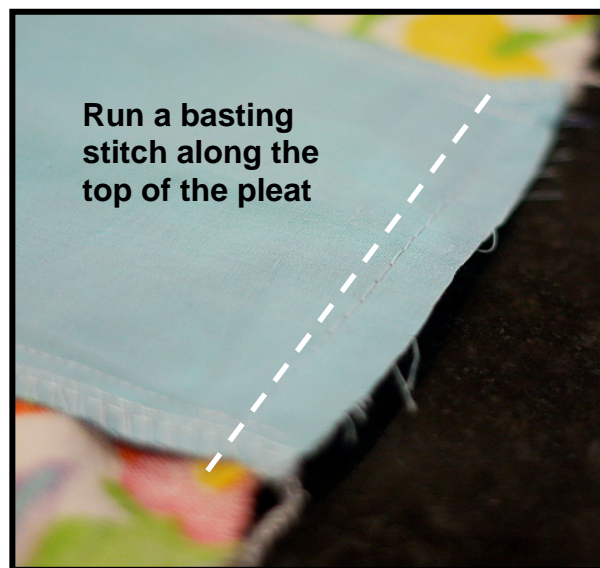
The back of the apron skirt panel will look like this:



The front of the apron skirt panel will look like this:



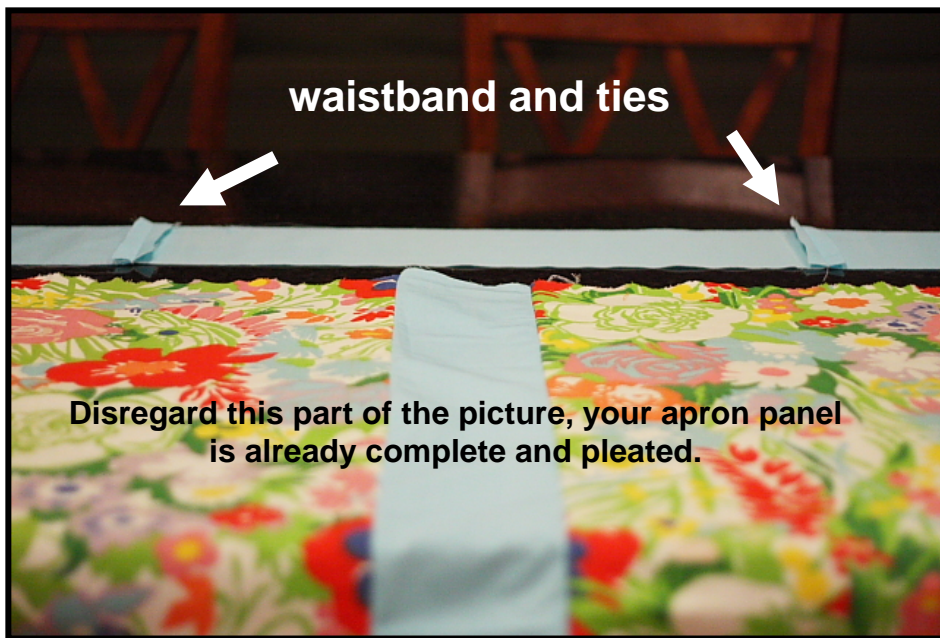
4) Baste {long running straight stitch} $\frac{1}{2}$ " from the top to hold pleat in place.



5) Finishing apron skirt panel. Turn under panel sides $\frac{1}{2}$ " and press. Turn under $\frac{1}{2}$ " again and stitch. To hem bottom: fold up 1" and press. Fold up 1" again and stitch.

For the WAISTBAND & APRON TIES:

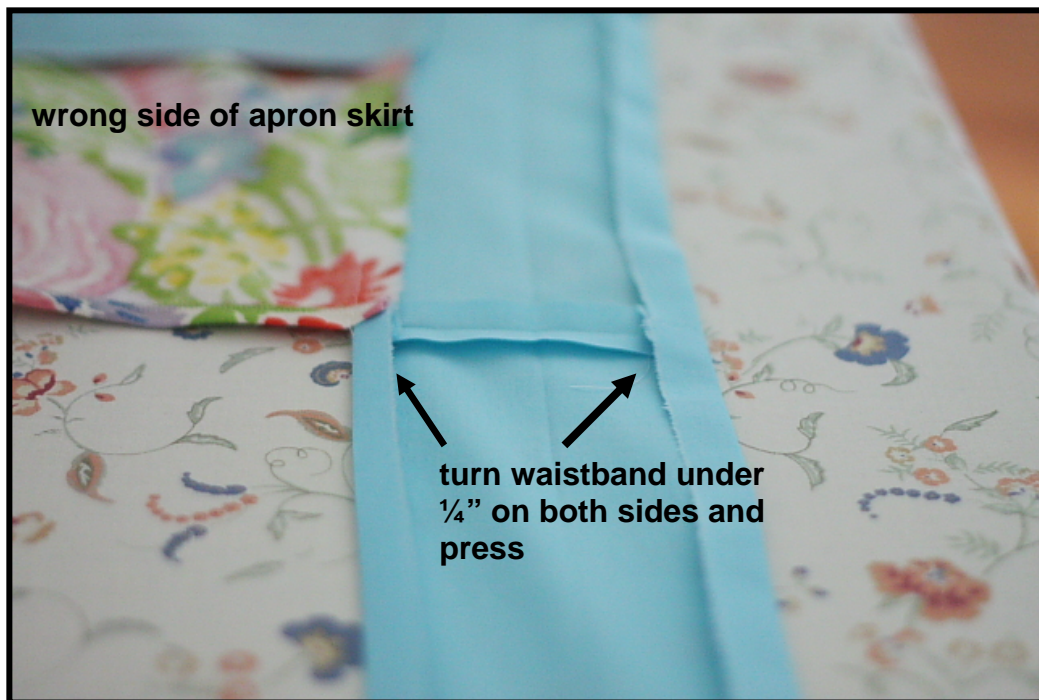
- 1) Cut {or tear*} 3 pieces of fabric 4 ½" wide X 22" long
Pin right sides of short sides together and sew with a straight stitch. Open seams and press flat.



- 2) Fold the waistband/ties in half lengthwise and press. Open and pin to the top of the apron lining up the seams on the waistband with the top of the finished apron skirt. And stitch using a ½" seam allowance. Like this:



3) After you've attached the waistband to the top of your apron panel, turn the waistband up and press remaining waistband/ties up $\frac{1}{4}$ " on both raw edges.



4) Press in half {wrong sides together}, pin and stitch. Here's a visual on how I finish the ends.



All done!

